

# Course Information Sheet

## QNUK Level 3 Award in First Aid at Work (Management of Catastrophic Bleeding) (RQF) 3 day (19hr) course



### Overview

This course meets HSE requirements to provide first aid in the workplace, including higher risk environments and lower risk workplaces with a high number of employees where there is an additional risk of catastrophic bleeding. It provides the skills and knowledge to act in a first aid emergency, and continue to provide help confidently until qualified personnel arrive. It is usually delivered over 3 consecutive days although the course can be spread out over up to 10 weeks. It can be delivered in your workplace with a minimum of 6 delegates or individual places can be booked on open courses and is suitable for new or experienced first aiders. It can be completed as a face to face course or blended where 6hrs is completed online and the other 13 hours face to face. If you hold an in-date First Aid at Work qualification you may requalify in 13 hours.

### Course Content

- ⌘ Roles & Responsibilities
- ⌘ Primary & Secondary Survey\*
- ⌘ Management of Unconscious Casualties\*
- ⌘ Resuscitation\*
- ⌘ Choking\*
- ⌘ Shock
- ⌘ Wounds & Bleeding\*
- ⌘ Minor Burns
- ⌘ Seizures
- ⌘ Electric Shocks
- ⌘ Flail chest, penetrating chest injuries
- ⌘ Abdominal injuries
- ⌘ Crush injuries
- ⌘ Severe Allergic Reactions\*
- ⌘ Asthma
- ⌘ Diabetes
- ⌘ Fractures\*, Dislocations, Sprains, Strains
- ⌘ Spinal & Neck Injuries\*
- ⌘ Poisons
- ⌘ Bites & Stings
- ⌘ Head Injuries
- ⌘ Eye injuries
- ⌘ Heart attacks & angina
- ⌘ Strokes
- ⌘ Catastrophic Bleeding\*

## Qualification Assessment

To obtain the qualification delegates are required to:

- ⌘ attend the full 19hrs of the course (or blended 6hrs online / 13hrs face to face, or 13 hrs for the qualification)
- ⌘ demonstrate practical skills for the topics marked with \*; and
- ⌘ score a minimum 28/40 on the multiple choice test at the end of the course.

## Course Combinations

This course can be combined with Paediatric First Aid and First Aid at Work. These qualifications enable workplaces to meet the HSE workplace first aid requirements and the Ofsted EYFS requirements on the same course. For guidance on which combination suits your setting best please contact us.

## Accreditation

Winterbury Training is an Accredited Training Centre with Qualifications Network UK (QNUK). This nationally recognised qualification is regulated by Ofqual and fully accredited by QNUK.

## Why book with Winterbury Training?

- ⌘ Fully qualified trainer with extensive experience in education & childcare settings & clinical experience as a Community First Responder & ambulance crew with the NHS
- ⌘ Practical activities & tasks to ensure learning is engaging & memorable and caters for all learning styles
- ⌘ Plenty of opportunity for discussion
- ⌘ Nationally recognised qualification (fully regulated by Ofqual) valid for 3 years
- ⌘ Our delegate feedback is outstanding:
  - ⌘ 99.4% rated teaching ability 5/5
  - ⌘ 97.6% rated how much they learned 5/5
  - ⌘ 100% of delegates would recommend us
- ⌘ Small groups—max. 12 learners
- ⌘ No VAT payable on our course fees

*"The single most enjoyable first aid course I have ever been on. By far the most fun and memorable. Very relatable and relevant."*

Laura Carter  
Spurgeons

For more information, to book a course at your school, setting or workplace, or book places on an open course, contact us on:

Email: [info@winterburytraining.co.uk](mailto:info@winterburytraining.co.uk)

Tel: 07584 732119

Open course dates and venues can be found on our website:

[www.winterburytraining.co.uk](http://www.winterburytraining.co.uk)