

Course Information Sheet

QNUK Level 3 Award in Emergency Outdoor First Aid (RQF) 1 day (8hr) course



Overview

This course is suitable for organisations and activity instructors who offer outdoor activities at a relatively low risk level within 30 minutes of emergency help. It develops the skills necessary to deal with illnesses and injuries that may take place in outdoor environments. It is typically delivered over one day either in your workplace with a minimum of 6 delegates or individual places can be booked on an open course. It can be combined with the Emergency First Aid at Work qualification for more wide-ranging coverage. The course is suitable for new or experienced first aiders and is 100% tutor-led with no requirement for learning outside the classroom.

Course Content

- ⌘ Roles & Responsibilities
- ⌘ First Aid in the Outdoors
- ⌘ Primary*
- ⌘ Management of Unconscious Casualties*
- ⌘ Resuscitation & use of a Defibrillator*
- ⌘ Choking*
- ⌘ Shock
- ⌘ Wounds & Bleeding*
- ⌘ Burns & Scalds
- ⌘ Convulsive Seizures
- ⌘ Electric Shocks
- ⌘ CPR modifications for children and outdoor situations
- ⌘ Monitoring vital signs



Qualification Assessment

To obtain the qualification delegates are required to:

- ⌘ attend the full 8hrs of the course;
- ⌘ demonstrate practical skills for the topics marked with *; and
- ⌘ score a minimum 70% on the multiple choice test at the end of the course.



Course Combinations

This course can be undertaken simultaneously with Emergency First Aid at Work (EFAW), and with the addition of appropriate time also combined with Paediatric First Aid, Forest Schools First Aid or First Aid at Work.

Accreditation

Winterbury Training is an Accredited Training Centre with Qualifications Network UK (QNUK) and NUCO. This nationally recognised qualification is regulated by Ofqual and fully accredited by QNUK.

Why book with Winterbury Training?

- ⌘ Fully qualified trainer with extensive experience in education & childcare settings & clinical experience as a Community First Responder & ambulance crew with the NHS
- ⌘ Practical activities & tasks to ensure learning is engaging & memorable and caters for all learning styles
- ⌘ Plenty of opportunity for discussion
- ⌘ Nationally recognised qualification (fully regulated by Ofqual) valid for 3 years
- ⌘ Our delegate feedback is outstanding:
 - ⌘ 99.4% rated teaching ability 5/5
 - ⌘ 97.6% rated how much they learned 5/5
 - ⌘ 100% of delegates would recommend us
- ⌘ Small groups—max. 12 learners
- ⌘ No VAT payable on our course fees
- ⌘ First aid equipment 'shop' available to update your resources

"Carolyn has a wonderful way of explaining things. I was sad for the course to come to an end!"

Emma Tonge

For more information, to book a course at your school, setting or business or to book places on an open course, contact us:

Email: info@winterburytraining.co.uk

Tel: 07584 732119

Open course dates and venues can be found on our website:

www.winterburytraining.co.uk