

Course Information Sheet

QNUK Level 3 Award in Emergency First Aid at Work +F (RQF) 1 day (8hr) course



Overview

This course is suitable for workplaces where the risk of injury in general is low but due to forestry work outdoors there is an increased risk of heat and cold conditions, life-threatening bleeding (use of chainsaws etc.) and insect bites and stings including the possibility of anaphylaxis. It will provide you with the confidence, skills and knowledge to act in a first aid emergency in the workplace but is also suitable to learn first aid skills for general life. It is typically delivered over one day in your setting with a minimum of 6 delegates. The course is suitable for new or experienced first aiders and can be 100% tutor-led with no requirement for learning outside the classroom, or blended where 2hrs of elearning is completed followed by 6hrs face to face learning.

- ⊗ Roles & Responsibilities
- ⊗ First Aid in the Workplace
- ⊗ Primary & Secondary Survey*
- ⊗ Management of Unconscious Casualties*
- ⊗ Resuscitation*
- ⊗ Choking*
- ⊗ Shock
- ⊗ Wounds & Bleeding*
- ⊗ Catastrophic Bleeding*(use of tourniquets, haemostatic agents, trauma dressings)
- ⊗ Minor Burns
- ⊗ Convulsive Seizures
- ⊗ Electric Shocks
- ⊗ Anaphylaxis, bites and stings (incl. ticks)
- ⊗ Hypothermia & heat stroke



Qualification Assessment

To obtain the qualification delegates are required to:

- ⌘ attend the full 8hrs of the course;
- ⌘ demonstrate practical skills for the topics marked with *; and
- ⌘ score a minimum 14/20 on the multiple choice test at the end of the course.



Course Combinations

This course can be combined with Emergency Paediatric First Aid (ePFA) with the addition of child and infant resuscitation, choking and recovery position (and the addition of a further 6 hrs for Paediatric First Aid) or First Aid at Work (FAW) with the addition of a further 12 hours.

Accreditation

Winterbury Training is an Accredited Training Centre with Qualifications Network UK (QNUK). This nationally recognised qualification is regulated by Ofqual and fully accredited by QNUK.

Why book with Winterbury Training?

- ⌘ Fully qualified trainer with extensive experience in education & childcare settings & clinical experience as a Community First Responder & ambulance crew with the NHS
- ⌘ Practical activities & tasks to ensure learning is engaging & memorable and caters for all learning styles
- ⌘ Plenty of opportunity for discussion
- ⌘ Nationally recognised qualification (fully regulated by Ofqual) valid for 3 years
- ⌘ Our delegate feedback is outstanding:
 - ⌘ 99.4% rated teaching ability 5/5
 - ⌘ 97.6% rated how much they learned 5/5
 - ⌘ 100% of delegates would recommend us
- ⌘ Small groups—max. 12 learners
- ⌘ No VAT payable on our course fees
- ⌘ First aid equipment 'shop' available to update your resources

"Best first aid course I've ever done. Thank you."

Amanda Brown

Aspire Martial Arts

For more information, to book a course at your school, setting or business or to book places on an open course, contact us:

Email: info@winterburytraining.co.uk

Tel: 07584 732119

Open course dates and venues can be found on our website:

www.winterburytraining.co.uk